

Benalla Bushwalking Club

Newsletter

Issue 3 Jul - Sept 2022



2021/2022 President's AGM Report

"The club has clicked over 95 paid members to date in 2022. Benalla Bushwalking Club has so many different walks and activities there is always something on the calendar to enjoy.

Congratulations to new and existing Leaders – your efforts sustain the program. Your leadership extends beyond the activity description and member feedback reflects the joy and appreciation of the activity.

Looking forward the club committee are always keen to hear from members especially expressions of interests for walks and activities. The Fed Walks program will also be a significant event on this years calendar.

Personally, I really enjoy members walk reports and photos. At our club meetings, selected photos from the walks are displayed via the projector so that each member can appreciate the interesting views and aspects of the activity.

I look forward to meeting more members out in the bush, creating memories and enjoying the necessities of life."

Helen Nicholas. President. Benalla Bushwalking Club.

Welcome to new member

David Coutts

President: Helen Nicholas 0428 784 495

Secretary: Gill Sydes 0419 585 996

Walks Co-ordinator: Brian Watson 0407 300 922

Your Committee for 2022

President: Helen Nicholas 0428 784 495
Vice-President: Doug Kneen 5721 2892
Secretary: Gill Sydes 0419 585 996
Treasurer: Brian Watson 0407 300 922

Committee members:

Trevor Smith 0417 598 346 Wendy Baker 0429 780 179
Don Allen 0428 270 334 James Flynn 0413 945 671
Fe Tuck 0458 060 143

Committee Responsibilities

Walks Program: Brian Watson Gill Sydes Doug Kneen
Guest speakers: Brian Watson Wendy Baker
Maps & Gear loan: Gill Sydes
Public Officer: Gill Sydes
Registrar: Gill Sydes
Publicity: Don Allen
Library/Archivist: Doug Kneen
Newsletter: Trevor Smith Don Allen
Webmaster: Trevor Smith
Mid-week walks Wendy Baker

Reminders

Total Fire Ban Days

Members are reminded the club policy is that on days of total fire ban during the declared fire season all walk activities are **cancelled**.

Acknowledgement of Risks and Responsibilities Form

This form is now part of the membership application form. **All Members** must complete this form when renewing membership. This form alleviates the need for members to sign a form before each walk. Non-members on walks must sign the agreement before each walk. For this purpose copies of the form can be downloaded from the Leaders Information page in the Members Only section of the club website or a membership application form containing the agreement can be found at the rear of the newsletter.

Travel Costs

The club has a policy of passengers on walks paying drivers for their generosity in providing transport. Currently the rate is 30c per kilometre per car (**However, due to rising costs in general, committee are considering increasing this to 40c per Km**). Members can assist the drivers by doing their own calculations based on **\$30.00 per 100km**, divided by number of people in the vehicle.

Example: Round trip distance = 180Km
No. of people in car = 4
Cost per person = $180/100 \times 30/4 = \$13.50$

A reminder that this rate is club policy and all members are expected to pay for transport at this rate regardless of the number in the vehicle. No pay, no lift.

Staying Together

With larger groups or groups containing walkers of varying abilities it is inevitable that the group will tend to become strung out at times. To avoid this happening or at least becoming a problem if it does happen the following actions **must** be adhered to.

1. If you have to leave the track for a toilet stop advise the walker ahead or behind you of your intention and leave your pack in the middle of the track.
2. At a track intersection walkers **must** stop and wait for the rest of the party to catch up before proceeding.
3. If a small group wish to leave the main group to visit a nearby off route attraction they **must** advise the leader of their intention before doing so. The leader, if he agrees to the request, will decide whether the whole group goes or waits on the track for their return.
4. Each walker should at all times be able to see the walker ahead and the walker behind, especially in more dense vegetation conditions. If not, the message should be sent up the line to slow up and allow them to catch up. With larger groups it is advisable to appoint an experienced walker as whip or "tail-end charlie" to keep track of the slower party members.
5. Should the party become disoriented, which can happen to the best of us, it must be remembered that the leader has sole responsibility for the final decision on what to do. The last thing that is needed is for individuals to be 'doing their own thing' in an attempt to rectify the situation.

The above common sense rules, if followed, will help to keep groups together and safe and avoid the trauma and expense of searches for lost walkers.

Club Website

www.benallabushwalkingclub.org.au

Club E-mail address

benallabushwalkingclub@gmail.com

For Sale

Club Mugs (\$10.00) Cloth Badges (\$7.00) and Hat Badges (\$10.00) are ready and waiting for you to buy. See Brian at the Meeting or phone to place your order.

General Meetings

Meetings are held in the Uniting Church Parish Centre, Carrier Street Benalla (opposite Coles) on the first Tuesday of each month at 7.30pm. A short meeting followed by a guest speaker, then supper. Everyone is welcome.

Newsletter Deadlines

Members wishing to suggest or lead a walk are asked to send details to the walks program coordinator, Brian Watson on email brian_gayle@bigpond.com prior to a committee meeting.

Walk reports should be sent to Trevor Smith in the week following the walk. Photos are always welcome. A walk participant may be asked to write a report. Trevor's email is trevsm42@bigpond.com

Club UHF Communication

When using hand held or in vehicle UHF transceivers on club outings, the preferred channel to use is channel 9.

Walks Program

Members wishing to go on a walk should contact the leader:

- Three days prior to the walk for day walks.
- Five days prior to the walk for overnight, extended walks or car camps.
People calling in late may be considered at the leader's discretion.

Common sense walks etiquette: If you are booked in for a walk and find you are unable to attend please inform leader before advertised departure time to prevent unnecessary delays.

Risk Acknowledgment Form

Just a reminder that walk leaders need to have **all non-member participants** fill in the Risk Acknowledgment Form prior to each walk. A copy of the form can be found in this newsletter or can be downloaded from the club website by navigating to the Leaders Information page in the Members Only section where you will find a link which, when clicked, will download the form in PDF format which can then be printed out.

TOTAL FIRE BAN DAYS On days of Total Fire Ban, any walks/activities in that district will be cancelled.

When engaging in BBWC activities, a COVID vaccination certificate is applicable. Please produce your certificate upon the request of the Leader.

Walk Gradings

Distance in one day	Difficulty	Track
S - Short, under 10Kms.	1 - 3 Easy, suitable for beginners.	1 - 3 Grade, open terrain, well formed tracks or paths.
M - Medium, between 10 and 15Kms	4 - 7 Medium fitness required.	4 - 7 Bush, minor scrub, some rock hopping or scrambling.
L - Long, between 15 and 20Kms.	8 - 10 Hard, strenuous, fit walkers only.	8 - 10 Bush, thick scrub, major rock and creek crossings, rock hopping.
X - extra long, over 20Kms.		

Example: S - 4 - 3 = Under 10Kms, medium fitness required, well formed track.

School Terms 2022		Easter 2022	
Term 1	31 Jan - 8 Apr	Good Friday	2 Apr
Term 2	26 Apr - 24 Jun	Easter Monday	5 Apr
Term 3	11 Jul - 16 Sep		
Term 4	3 Oct - 20 Dec		

Notes for New/Potential Walks Coordinators

Benalla Bush Walking Club has been around for over 30 years. Many members have 10-20 years of experience with the Club, so there is always a wealth of knowledge beside you on the walks. What this means is you don't have to know everything.

What you will need is:

- A plan for the day
- A starting point
- A starting time, both for the activity, and to leave Benalla
- A map of where the group is going
- A finishing point
- An approximate finishing time.

Page 3 of the "Risk acknowledgment form" (which can be found on the [Members only | Leader information](#) page on the club website) is a template which can be used as a *pre-check* when planning the walk as well as a *walk report*.

Afterwards, complete it and hand it on to Doug Kneen, or any Committee member.

Any problems, before, during or after the walk, ask one or two of the more experienced ones their thoughts.

That you have a walk put into the program means that the Walks Committee have confidence in your skills and abilities. Take it as a compliment!

The club will endeavour to provide a mentor/ buddy to support a new leader on their walk should they require it..

An excellent source of relevant information, produced by Bushwalking Victoria, is the [Walksafe Booklet](#), a link to which can be found [here](#). This publication should be read by all club members, whether beginner or experienced walker.

Walks Program Summary

July

Sat 2	Mahers Hill - Wodonga	Mitch
Tue 5	General Meeting	Uniting Church Hall 7.30pm
Fri/Sun 8-10	Cocopara Ranges	Gill Sydes
Wed 13	Chick Hill	Helen Spinks
Sun 17	Eldorado Waterfalls & Dredge	John Boehm
Sun 24	Pine Gully	Wendy Baker

August

Tue 2	General Meeting	Uniting Church Hall 7.30pm
Sat 6	The Duck Ponds	Bev Thornell
Sun 7	Mt Stirling snowshoe	Helen Nicholas
Tue 9	Committee meeting 7pm	James Flynn
Wed 10	Salisbury Falls	Robyn Maclean
Sat 13	Powers & Paradise Falls	Gill Sydes
Sun 14	Boxwood Nature Reserve	Gary MacDonald
Sat 20	Leader training	John Boehm
Sun 21	Warby Heritage Trail	Robyn Maclean
Sat/Sun 27-28	Terrick Terrick	Trevor Smith

September

Sat 3	White Box Walk	Melanie Ball
Sun 4	Tallangalook Walk	Jean Lightfoot
Tue 6	General Meeting	Uniting Church Hall 7.30pm
Sat 10	Numurkah Out & About	Helen Nicholas
Sun 11	Albury Environs	Adele Ritchie
Wed 14	The Paps	Wendy Baker
Sat 17	Fedwalk online instruction	
Sat 17	Murchison Ride	Gary MacDonald
Sun 18	Mt Buffalo Triplet	John Boehm
Sat/Sun 23-24	Killawarra Forest Weekend	Robbie Caldwell

October

Sat/Sun 1-2	Federation Walks, Wangaratta.	Co-ordinator: John Boehm
Wed 12	Gapsted Wildflower Walk	Gary Versteegen

November

Wed 9	Mt Buller	John Boehm
Fri/Sat 11-12	Lake Catani Car Camp	Gill Sydes (Only a few sites left. Book with Gill now.)

Walks Program

Sat Jul 2

MAHERS HILL - WODONGA

A short hilly walk just out of Wodonga, with fantastic views of Lake Hume, Mountains from Kosciuszko to Bogong and well into NSW. A lovely day not to be missed.

Rating: S - 3 - 3 (Easy)

Contact: Mitch Watson 0413 199 520

Fri/Sun Jul 8-10

COCOPARRA RANGES

Cocoparra National Park is in the Riverina, 25 km north east from Griffith. The name of the park comes from the Aboriginal "*cocupara*", or *kookaburra*. The climate is semi arid with wattle, orchids, ironbark and cypress pines. There are three easy walks, waterfalls and a more strenuous hike. Birdwatching should be good. We will camp at Woolshed Flat campground. Six sites have been booked.

Rating: Varied (Easy-Medium)

Contact: Gill Sydes 0419 585 996

Wed Jul 13

CHICK HILL

A circuit walk of about 9km starting on the eastern side of the range to Chick hill, along the top track then back down via Nason track and road to the start. Very pleasant with some stunning views across the Ovens Valley and up to the high country.

Rating: S - 4 - 3 (Easy - Medium)

Contact: Helen Spinks 0488 013 059

Sun Jul 17

BARRY FALLS & DREDGE

A short but interesting walk to the falls exploring what nature has to offer. We take a track to the creek and walk up to the falls and return. We need to do some bush bashing in reasonable terrain. We can then do a further walk to the top cut dam near Eldorado before travelling to look at the dredge.

Meet at car park behind Aldi 9.00 am Leave Benalla 9.15 am

Rating: S - 4 - 5 (Medium)

Contact: John Boehm 0428 254 801

Sun Jul 24

PINE GULLY

An interesting short walk delivering an appreciation of the Warby's natural values. Rocky in places requiring good footwear.

Rating: S - 4 - 3 (Easy)

Contact: Wendy Baker 0429 780 179

Sat Aug 6

THE DUCK PONDS

A leisurely walk around the outskirts of Winton Wetlands. With a little luck it will be wet and soggy with lots of birdlife. Walk the new sculpture trail that leads to the Hub Cafe.

Rating: S - 3 - 3 (Easy)

Contact: Bev Thornell 0477 193 244

Sun Aug 7

MT. STIRLING SNOWSHOE

Depart from Telephone Box Junction after hiring some snow shoes. Look at the snow cover, the weather and the time, and then decide which hut to head towards. End of the day, return the shoes, and enjoy a hot chocolate at TBJ before heading home.

Rating: S - 3 - 4

Contact: Helen Nicholas 0428 784 495

Wed Aug 10

SALISBURY FALLS

Walk along the Salisbury Falls Track to our lunch spot atop Mt Warby. Returning to the cars via the Alpine Views Track. Approx. 9Km. Rocky in places.

Rating: S - 4 - 3 (Easy)

Contact: Robyn Maclean

Sat Aug 13

PARADISE FALLS, LITTLE PARADISE FALLS, POWER'S LOOKOUT

Travelling through Whitfield to Cheshunt, out to Paradise Falls - there are views of Mt Cobbler. The falls are a one km return walk down and back. At 31 metres, Paradise Falls is impressive. Flow varies with rainfall, but you can walk behind the curtain of water! The track is steep in places, but is short and achievable.

Little Paradise Falls are a shorter drop - 17 metres. On the drive out, we will stop and walk down to these much less visited, but just as pretty, falls. Again, the walk is not a long one - 20-30 minute return.

Power's Lookout. This rocky escarpment was the hideout of Harry Power, a notorious but 'gentlemanly' bushranger of the 1860s. There are two lookout points with lovely views over the King Valley. Power's Lookout is off the Mansfield-Whitfield Road.

Rating: S - 4 - 4 (Medium)
Contact: Gill Sydes 0419 585 996

Sun Aug 14

BOXWOOD NATURE CONSERVATION RESERVE WALK

A small reserve tucked away in the middle of the cropping area of Boxwood, just a short drive from Benalla. Come for a walk and check out where high grade lime was mined and processed back in the 1930's, and they tell me it was that good it was used in toothpaste. It not a long walk but it is another small piece of history in our area worth looking at.

Rating: S - 3 - 3 (Easy)
Contact: Gary Macdonald 0421 052 367

Sat Aug 20

LEADER TRAINING - WANGARATTA

A day in Wangaratta with Judy from Bushwalking Victoria, explaining how to be a more aware leader in this day and age. Some interesting and thought provoking ideas and tips and strategies. No cost. Register with me sooner rather than later, as there are other clubs invited also.

Contact: John Boehm 0428 254 801

Sun Aug 21

WARBY FALLS HERITAGE WALK

The 8 km circular walk begins at the carpark in Booth's Road (behind the winery). It is a beautiful walk following a gully. There are some interesting historical features and we should see some waterfalls in August. The gradient is gentle at the beginning and end but steep in the middle with a few obstacles. The track is overgrown in places. Substantial footwear and walking poles are advised.

Rating: S - 4 - 4 (Medium)
Contact: Robyn MacLean 0429 133 720

Sat/Sun Aug 27-28

TERRICK TERRICK NATIONAL PARK

Terrick Terrick National Park is an area having much evidence of indigenous occupation as well as an abundance of wildlife some of which is endangered. The park also contains one of the largest, most intact tracts of indigenous northern plains vegetation in Victoria, considered to be the most endangered ecosystem in Australia. In addition, rocky granite outcrops provide imposing views of the surrounding area.

Rating: S - 3 - 3 (Easy)
Contact: Trevor Smith 0417 598 346

Sat Sep 3

WHITEBOX WALK

This walk takes us through Box and Iron bark tree country in the gold mining area of Chiltern. It is an easy 8.5km walk through the forest. Hopefully we can see some wildflowers.

Rating: S - 3 - 3 (Easy)
Contact: Melanie Ball 0468 952 915

Sat Sep 4

TALLANGALOOK WALK

Explore the old mining area of Tallangalook in the Strathbogie forest. Lots of big holes in the ground and a short tunnel to look at. We went last year when there was drilling being done, so we could not look at it properly.

Rating: S - 3 - 3 (Easy)
Contact: Jean Lightfoot 0407 908 352

Sat Sep 10

NUMURKAH OUT & ABOUT

A stroll around Numurkah, taking in the attractions and history of the town.

Rating: S - 3 - 3 (Easy)

Contact: Helen Nicholas 0428 784 495

Sun Sep 11

WODONGA - ALBURY RIVER WALK

An easy 15km walk with car shuffle, following the Murray River, providing many memorable views along its banks. The route also passes a couple of historic bridges, traverses several picturesque parks, takes in the Yindyamarra Sculpture Walk and finishes at the Wonga Wetlands, a significant bird haven.

Rating: M - 3 - 3 (Medium)

Contact: Adele Ritchie 0456 412 192

Wed Sep 14

THE PAPS

A steady climb to both the North and South Peaks for stunning views of the surrounding countryside especially across Lake Eildon.

Rating: S - 4 - 3 (Easy)

Contact: Wendy Baker 0429 780 179

Sat Sep 17

MURCHISON BIKE RIDE

Following the rail trail to the end we will then cross over the Murchison-Rushworth Road and follow Wild Paddock Road to the old Whroo Road. It's then back into Murchison via the back road around Doctors Swamp and with a bit of luck will have some water in it and some spring bird life. All up the ride, which we have done before, but is worth doing again, is approx 26km on mostly flat terrain.

Rating: Easy

Contact: Gary Macdonald 0421 052 367

Sun Sep 18

MT BUFFALO TRIO OF WALKS

Time to be adventurous and do three short walks for some variety. The walks are Dicksons Falls, The Cathedral – Hump, and the Old Galleries track.

A series of three easy and interesting walks. Some climbing and rock clambering involved to the Hump. Total distance 7km

Meet Barkly St next to tennis courts behind Aldi at 7.45am. Leave Benalla 8 am

Rating: S - 4 - 4 (Medium)

Contact: John Boehm 0428 254801

Sat/Sun Sep 24-25

NAVIGATION WEEKEND

This weekend we will be base camping in the Killawarra Forest. The camp site is large and can accommodate caravans. Midmorning Saturday we will do **BASIC** map and compass theory. After which we will go on a leisurely walk, to points in the forest I had previously marked with tape and subsequently marked on the map. Saturday night will be the usual car/camp camaraderie.

Sunday will also be an easy short walk using the skills with the map and compass learned prior.

I would like participant numbers early. The reason for this is teaching of map and compass skills is best in small numbers. Hence, I can acquire a couple of experienced navigation teachers to assist.

Rendezvous time and date I will advise closer to the date.

Rating: Easy

Contact: Robert Caldwell 0431022349 or robald@optusnet.com.au
Annie Gibbs 0417332471 or gibbsantoinette70@gmail.com

Wed Oct 12

GAPSTED WILDFLOWER WALK

Explore the area around Gapsted. If the timing is right the sun orchids will put on a stunning display. A circuit walk along part of the rail trail and some bush tracks. Approx. 8km.

Rating: S - 3 - 3 (Easy)

Contact: Gary Versteegen.

Coming Events

Wed Nov 9

MT BULLER

Walk up to the Summit from the village and loop back. A bit of a hill to climb to enjoy the views. Then return to the village and take the family trail circuit around the village perimeter. In all about 7 km.

Meet 8.00am Barkly St next to the tennis courts (beside Aldi) Leave Benalla 8.15am

Rating: S - 3 - 3 (Easy)

Contact: John Boehm 0428 254 801

Fri/Sat Nov 11-12

LAKE CATANI CAR CAMP

Our club has booked seven sites at the popular Lake Catani camping area on Mt Buffalo for Friday and Saturday nights. Plans include kayaking on the lake, doing some of the shorter walks on the plateau and maybe some bike riding. Of course, there will be lots of sitting around chatting as well. Mt Buffalo is a most beautiful place and not far from home. To join the weekend, contact Gill for a site number (two sites are already taken) and reimburse the club.

Rating: Easy

Contact: Gill Sydes 0419 585 996

Considerable interest was shown at a recent walk in Jean Lightfoot's Ginger Fruit Slice with a number of walkers requesting the recipe. Here, courtesy of Jean, is the recipe.

Ginger Fruit Slice

Biscuit Base

120 g butter
1 cup raw sugar
1 egg and 1 egg yolk
2 cups sr flour
1 teas baking powder

Topping

1 cup coconut
1 cup preserved ginger,
chopped small
1 egg and 1 egg white
3/4 cup raw sugar

Method

Combine biscuit base ingredients and press in slab tin.

Combine topping ingredients and spread evenly over base.

Bake 25 to 30 minutes in moderate oven

Walk Reports

Wahgunyah Walk May 11



Thanks to Kay for leading her first walk. Aply assisted by Gordon, 15 walkers set off from Corowa crossing the Murray River, noting a much reduced water flow, to Wahgunyah. After admiring many old buildings and the historic Mass Tree we made our way along sealed pathways and dirt roads to Cofield Winery for morning tea.

We stopped off at an old Cemetery where many members of the Foord family were buried. John Foord being the founder of Wahgunyah. Following the pathway we made our way to the river, walking along its banks on the Victorian side before returning to the car park for a picnic lunch.

Kay Johnson



Barmah Forest Camp May 12-14



A campfire welcomed us as we set up camp on Helen's bush block right on the edge of the Barmah Forest! Dinner was a lamb roast with veggies, ably cooked in camp ovens by Helen. Desma brought a home-made rhubarb and apple pie - served with cream and custard. Breakfast was leisurely sitting around the fire. Later we walked through the forest to the river (Murray), seeing lots of different fungi. Amazing how they push up through the thick dirt.. Gary also cycled the tracks. Whilst at the camp and also walking, listening to the birds was lovely. Occasional light rain fell Saturday morning, but hardly enough for a coat, then Sunday was clear and sunny. Some of us went to look at the bird sculptures on Ulupna Island on the way home. They really are impressive.

Gill Sydes



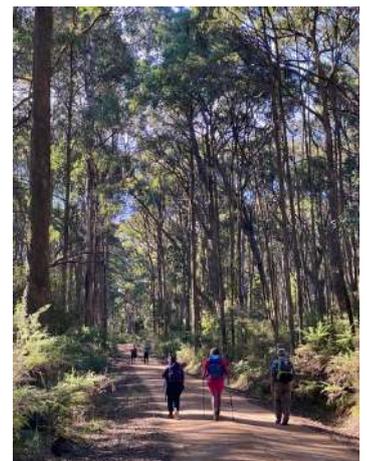
Back Creek Falls May 21



A nice crisp autumn day. Started at the kilns, a bit of bush bashing to the Wileman Track, then along to Camphora campground, and down to the Back Creek Falls for lunch. No rain, but the ground and bush were very soggy, ideal for fungi. With Melanie's interest, or perhaps infatuation, the challenge was on to find and photograph an incredible array of colourful and picturesque fungi.

Afternoon tea back at the kilns, nice place that, and a short drive to Nigel's Big Tree, to finish off a lovely 12k day.

Brian Watson



Wilhelmina Falls & Murrindindi Cascades May 22



After some initial confusion as to who was meeting who, and where, the full party of eight arrived at Murrindindi Reserve. As is typical of the area, the drive to the reserve was through thick fog, which, exactly to order, lifted as we arrived, resulting in a cool and overcast day, perfect for walking. The walk commences with a very pleasant 1Km stroll along part of the Murrindindi River walk as a warm-up, then turns off to a steady 2Km climb to the lower falls. Upon arriving at the lower falls there were a number of tourists milling about, so we decided to go to the upper falls until the viewing area cleared. The climb to the upper falls is something else - steep and rocky. In the past it was almost hands and knees stuff in places but has been eased somewhat recently with the provision of steel staircases and safety chains. After much puffing and expressions of "What are we doing here?", we got

to the top to find a recently added viewing platform for the upper falls. Unfortunately, due to the regrowth from the recent fires in the area, the upper falls can be heard but are nowhere to be seen. Not to miss the opportunity, we had lunch before returning to the lower falls. The descent to the lower falls wasn't much better than the climb (at least it was downhill?!). The view of the lower falls was quite impressive with a fair amount of water cascading down the rock face.

The walk back to the cars was a pleasant stroll through the forest with glimpses of burnt trees through the surprising amount of regrowth since my last visit.



Back at the cars, with a bit of the afternoon left, we decided to drive to the Cascades since there was a good flow in the river. The cascades are only a couple of hundred metres from the carpark and are quite impressive with a strong flow in the river. With a solid railing to lean against it is quite easy to become mesmerised by the water tumbling over the rocks.

Returning to the cars we were presented with an awesome afternoon tea prepared by some of the ladies. Jean Lighfoot's Ginger Fruit Slice got the thumbs up and the recipe was requested from some. (The recipe can be found elsewhere in the newsletter).

With satisfied stomachs and tired legs we then made our various ways home after a very pleasant days outing.

Trevor Smith



Delatite River Walk May 29

Today we did a 9km walk with 15 Benalla Bushwalkers along the Delatite River. It was a crisp, cool day making it ideal for our walk. There were 14 river crossings where large old trees had been used for bridges, thankfully replacing the need for having wet feet all day. Growing along the river were many large tree ferns and some very tall old gums. A large fallen tree at the edge of the river made a good spot for lunch.

After lunch we returned along the same track where we partook in a delicious afternoon tea at Mirimbah picnic area. Thank you to John for leading our walk.

Kay Johnson



Chiltern Out & About Jun 5

Five resilient members, unperturbed by the rain, wind and cold temperature, ventured to Chiltern for an exploration of the town. First stop the indoor Winter Market. (We needed a coffee before the cold onslaught!). We then embarked on the 3.7km Chiltern Walking Path following the Antechinus signs. We enjoyed the fresh air and warmed up under the layers of clothing. We may not have made the total distance due to losing the Antechinus, however we did make it back in time to check out the shops. And finally, the most yummiest pizzas at Posh Plonk for lunch. Thoroughly enjoyable few hours. And welcome to new member, Christine.

Wendy Baker



Sunrise Track Jun 8

Helen Spinks had six walkers for her walk around the Sunrise Track in the Warby Ranges on Wednesday June 8. The weather looked a little ominous as we all set off wearing our rain proof coats, but they were not needed and were soon discarded as we warmed up with the up-hill walk. And we even had a sunny break as we ate our lunch beside the Track. With all the cold, drizzly weather of late, we were fortunate to score what was a rather cold, but dry day. As an aside, this track has suffered some erosion and some sections are now very uneven and washed out, requiring a bit of care.

The photographers had a good day, with the many Grass Trees in the area, various fungi, and the views across the Wangaratta Plains with the mist-shrouded mountains in the background, but we weren't able to see the snow on Mt. Buffalo!

By the time we were back at the cars the afternoon had turned quite cold, so it was a quick tea-break, then into the cars and home, with some light rain falling as we made it back to town.

Thanks Helen, an easy, enjoyable walk.

Bev Thornell / Don Allen



Heathcote - Graytown Weekend Jun 12-13

Mt Camel via Heathcote was enjoyed by a small group led astray at Shiraz Republic winery in the heart of the Heathcote wine festival Queens Birthday 2022.

Pizza and a 4 tasting slider, fire side and music in the background enjoyed by all.

We visited Mt Ida lookout but were unable to see Mt Major due to the cloudy weather. Chinaman's Bend lookout also gave perspective of the flat country, a few undulating hills and vineyards.

On Sunday we visited historic Graytown POW remnants where Italian and German prisoners cut wood during the war. You had to imagine the guard house, mess hall by matching the old cement foundations in the old camp. Old wire fencing set out the borders of the camp.

The historic Graytown cemetery, a stones throw from the POW camp, was interesting. The description of the cause of death was displayed such as "suicide by cutting throat", "falling off a wagon" and "gold mine shaft accident". Childhood illnesses causing death were prevalent. Thank goodness for immunisations.

Helen Nicholas



Progressive Dinner Jun 16



It had been some time since the club had put on a progressive dinner and the request went out for an evening in the Fruit Salad City. All up 14 members and partners attended to enjoy the culinary delights that were on offer. Just to be a little different members arrived at the second venue first, delivered their goods, and then made the short 5 minute walk to the first venue for homemade pumpkin soup, dips and nibbles. It was then back to the second venue, where the mains had been warming, and we enjoyed the paste bakes, beef stew, lamb curry and baked veggies.

Then it was time for sweets, despite only 2 venues there were 3 courses, that included homemade apple pie (and cream), pavlova, fresh profiteroles and of course fresh fruit.

A very social evening enjoyed by all.

Gary Mac



Keppels Lookout - Stevenson Falls Sun Jun 19



Again, the drive to Marysville was through thick fog, which, as if to order, lifted as arrived. After an unintentional drive two-thirds of the way to Lake Mountain we returned to Marysville and finally found the start of the walk and set off on the climb to Keppels Lookout. What I remembered from years back as a reasonable gradient turned out to be a fairly solid 3Km climb (Heaven forbid that we're getting old!!). But we were rewarded at the top with an impressive view, from a new viewing platform, of the surrounding fog filled valleys out to The Cathedral. After having lunch at this idyllic spot, and with the arrival of a number of tourists, of which there were hordes, along the whole walk, we headed off to the next stop - Stevenson Falls.

I suspect a lot of work has been carried out, maintaining and clearing this section of track, and is now a very pleasant walk down to the upper falls. There was a solid flow of water down the falls which made for an impressive sight looking up the falls from the carpark. From there we set off along the Fern Gully walk which is another very pleasant section following the Stevenson River back to Marysville. We turned off before that at Yellow Dog Road and after a couple of hundred yards of road walking were back at the cars. After a thoroughly enjoyable day, but deciding we had all had enough, we wended our ways home.

Trevor Smith



Tallis Winery Jun 23

This was a reasonably spontaneous thing; a social day sitting, chatting and just catching up without any pressure. Gayle and I thought it would be a good idea, and twenty others agreed! Tallis has a wonderful outlook over the valley and plains to the high country in the distance, nice staff and nice goodies. Will do it again one day.

Brian Watson

Benalla Bushwalking Club Inc.



Acknowledgement of Risks and Responsibilities of Participants on Club Activities

To be completed by all non-members and non-financial members participating in this activity.

Leader: Date:

Activity:

In voluntarily participating in the above activity of this club, I am aware that my participation in this activity may expose me to risks that could lead to injury, illness or death or to loss of or damage to my property. Those risks include, but are not limited to, slippery and/or uneven ground, falling rocks, cliffs, exposure to weather, white-out conditions, hyperthermia, hypothermia, swimming, diving, submerged logs and rocks, creek crossings, shallow and/or cloudy water, and strong currents, snake/spider/insect bites.

To minimize these risks I have endeavoured to ensure that

1. This activity is within my capabilities.
2. I am carrying food, water and equipment appropriate for the activity.
3. I have advised the activity leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity

I will make every effort to remain with the rest of the party during the activity and accept the instructions of the leader of the activity.

I have read and understand these requirements. I have considered the risks before choosing to sign this acknowledgement of risk. I still wish to join this activity. I accept that in signing this form I will take responsibility for my own actions.

Tick box if you do not wish to be photographed during outing

Members:

Name	Emergency Contact	
		<input type="checkbox"/>

Non Members - \$5.00

Name	Address	Signature	Emergency Contact	
				<input type="checkbox"/>

Name of Walk:

Participant Nos.:

Leader:

Date:

Distance:

Weather:

Rating:

Location of Starting Point:

Walk Description:

Location of Finishing Point:

Problems?

Comments for next time:

BENALLA BUSHWALKING CLUB MEMBERSHIP APPLICATION (2022)

The annual membership fee is \$45 per person (\$40 (incl. \$5 discount) if paid prior to March 31). Full time students, if accompanied on walks by their paid up parent(s), are covered by the parent(s) membership.

No. of individuals included in application: Amount Enclosed \$

Payment Method: Cash / Cheque Online Deposit

For online payments **BSB 803078 Acc. No. 137269. Please use name as reference.**

Membership Renewal New Member

Name/s.....

Postal Address.....

Town.....Postcode.....

Email Address.....Phone.....

ACKNOWLEDGEMENT OF RISKS AND OBLIGATIONS OF MEMBERS PARTICIPATING IN BENALLA BUSHWALKING CLUB ACTIVITIES

NB. To be completed by all new and renewing members

In voluntarily participating in the above activity of this club, I am aware that my participation in this activity may expose me to risks that could lead to injury, illness or death or to loss of or damage to my property. Those risks include, but are not limited to, slippery and/or uneven ground, falling rocks, cliffs, exposure to weather, white-out conditions, hyperthermia, hypothermia, swimming, diving, submerged logs and rocks, creek crossings, shallow and/or cloudy water, and strong currents, snake/spider/insect bites.

To minimize these risks I will endeavour to ensure that-

- (1) any activity in which I participate is within my capabilities, and
- (2) I am carrying food, water and equipment appropriate for the activity.
- (3) I agree to advise the activity leader if I am taking any medication or have any physical or any other limitation that might affect my participation in the activity.

I will make every effort to remain with the rest of the party during any activity and accept the instructions of the leader of the activity.

I accept that I also have an obligation to read and understand the risk management strategy guidelines that the club distributes or makes available in its newsletter or web page from time to time providing guidance and instruction on how to minimise any risks of its activities.

By signing this form and/or payment of my subscription I acknowledge I will be responsible for my actions and fully understand and accept the above conditions.

NAME(1)_____ NAME(2)_____

SIGNATURE(1)_____ (2)_____

DATE_____

AS AT APRIL 2022

EMERGENCY CONTACT

NAME.....

HOME ADDRESS.....

TELEPHONE HOME.....MOBILE.....

RELATIONSHIP.....

Return completed form to: The Treasurer, Benalla Bushwalking Club, Box 210 Benalla. 3672